## Town of Zionsville Proclamation Declaring July 2023 as PARK AND RECREATION MONTH

WHEREAS, parks and recreation are an integral part of communities and Zionsville recognizes the benefits derived from parks and recreation resources; and

WHEREAS, parks and recreation promote health and wellness, improving the physical and mental health of people who live near parks; and

**WHEREAS**, parks and recreation promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being; and

**WHEREAS**, parks and recreation encourage physical activities by providing space for popular sports, hiking trails and many other activities designed to promote active lifestyles; and

WHEREAS, park and recreation programming and education activities such as nature-based programming, cultural programming, youth sports and events are critical to childhood development; and

WHEREAS, parks and recreation increase a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism and the attraction and retention of businesses; and

**WHEREAS**, parks and recreation are essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

**WHEREAS**, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

**NOW THEREFORE, BE IT RESOLVED,** that Mayor Emily Styron of the Town of Zionsville proclaims the month of July as recognized as Park and Recreation Month and asks that residents join in recognizing this month.

The Town of Zionsville, through its mayor, recognizes July 2023 as PARK AND RECREATION MONTH

TOWN OF ZIONSVILLE, INDIANA BY ITS MAYOR

Emily Styron, Mayor

ATTEST:

Julie Johns-Cole, Deputy Mayor

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